

Multiple Chronic Condition (MCC) eCare Plan Project

Pre-read material in preparation for the
Federal Partner Meeting on June 14, 2022



About This Pre-Read

To optimize our time during the Multiple Chronic Condition eCare Plan Federal Partners Meeting on June 14, 2022, we are presenting in this pre-read deck some background information and additional project updates that we may not have the time to go into fully during the meeting.

We plan to reserve some time during the meeting to answer questions regarding this material so we invite you to review this deck if time permits and bring your questions to our meeting on June 14.



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- **Project Background and High-Level Update**
 - Data Elements, Value Sets, Clinical Information Models, and FHIR Mappings
 - HL7[®] Fast Healthcare Interoperability Resource (FHIR[®]) Implementation Guide (IG)
 - HL7[®] Connectathon 30: Care Planning Track
 - V1.0 Pilot Testing



History of Federal Investment in Care Planning/Coordination

Over a decade of federal investment in advancing the development and use of standards for care planning and related care coordination activities:

- **ONC:** [2015 Edition Care Planning Criterion](#)
- **ONC/CMS:** [electronic Long-Term Services and Supports \(eLTSS\)](#)
- **SAMSHA:** [Omnibus Care Plan](#)
- **CMS:** [PACIO Project](#)
- **NIDDK/AHRQ:** [MCC eCare Plan](#)
- **ONC/ AHRQ/ ACL/ CMS:** [Gravity Project](#)
- **ACL:** [Social Referral Challenge Program](#)
- **ONC:** [LEAP Grant Program](#)
- **CDC:** [MedMorph](#)
- **CDC:** [Clinical Practice Guidelines \(CPG\) on FHIR](#)
- **ACF:** [Human Services Interoperability Innovations Grant](#)
- **CDC:** [SDOH Use Case for Chronic Disease Prevention](#)



Comprehensive Shared Care Plan Definition

1. Gives the person **direct access to health data**.
2. Puts the **person's goals at the center** of decision-making .
3. Is holistic, including **clinical and nonclinical data** (e.g., home- and community-based and social determinants needs and services).
4. **Follows the person** through both high-need episodes (i.e., acute illness) and periods of health improvement and maintenance.
5. Allows **care team coordination**. Clinicians able to 1) view information relevant to their role, 2) identify which clinician is doing what, and 3) update other members of an interdisciplinary team.

U.S. Department of Health and Human Services 2015 Stakeholder Panel | Baker, et al. Making the Comprehensive Shared Care Plan a Reality. *NEJM Catalyst*. 2016: <https://catalyst.nejm.org/making-the-comprehensive-shared-care-plan-a-reality/>



NIDDK/AHRQ e-Care Plan for Multiple Chronic Conditions (MCC) Project

Build capacity for pragmatic, patient-centered outcomes research (PCOR) by developing an **interoperable electronic care plan** to facilitate aggregation and **sharing of critical patient-centered data** across **home-, community-, clinic-, and research-**based settings for people with **multiple chronic conditions (MCC)**.

<https://ecareplan.ahrq.gov/collaborate/>

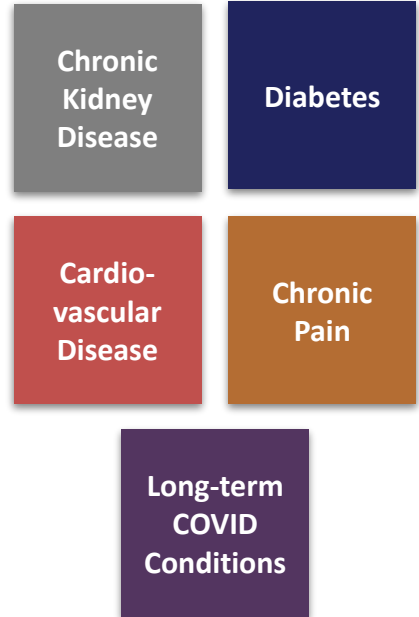


MCC eCare Project Deliverables*

1 **Data elements, value sets, clinical information models, and FHIR mappings** to enable standardized transfer of data across health and research settings for kidney disease, diabetes, cardiovascular disease, chronic pain, and long-term COVID.

2 **HL7[®] Fast Health Interoperability Resource (FHIR[®]) Implementation Guide** based on defined use cases and standardized MCC data elements, balloted for trial use.

3 **Pilot tested patient-, clinician-, and caregiver-facing e-care plan applications** that integrate with the EHR to pull, share, and display key patient data.



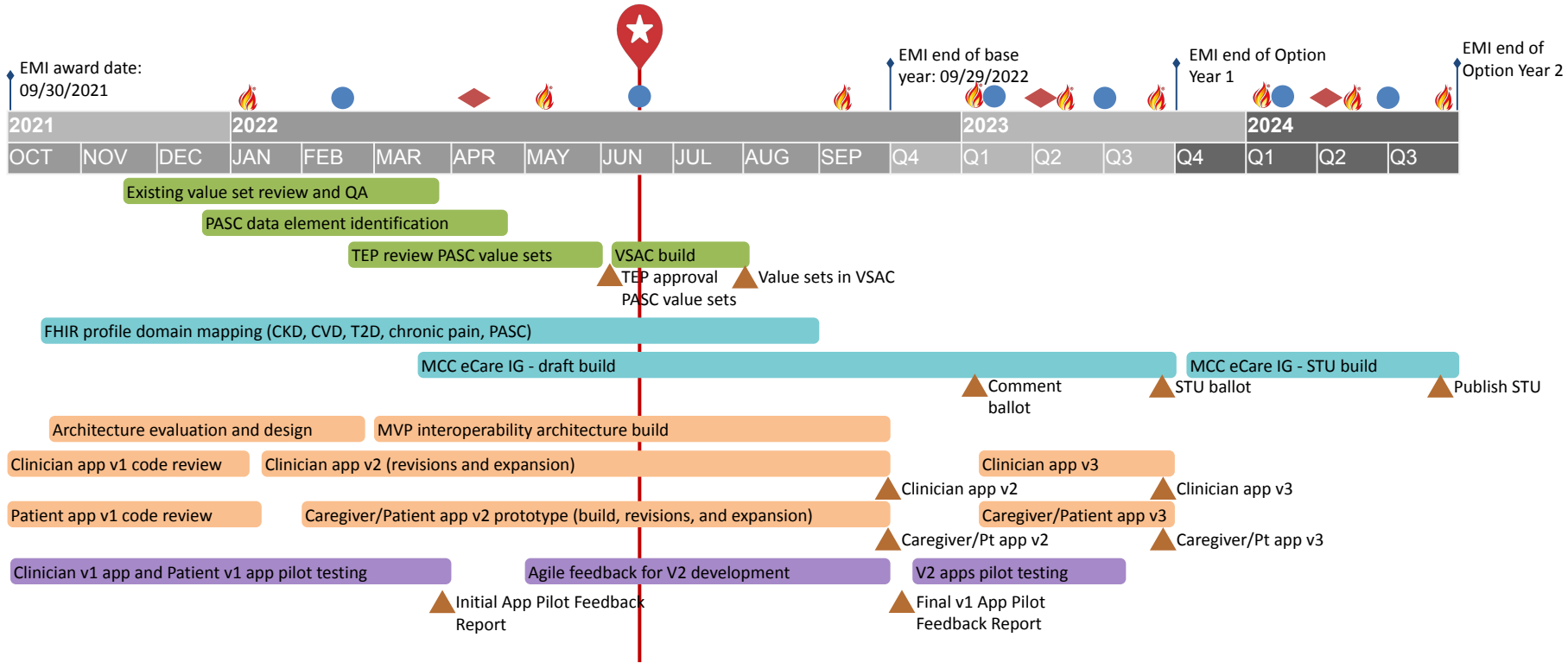
*All deliverables will be open-source and freely available.



Overview of Work Year Over Year

	Year 1 (FALL 2019-FALL 2020)	Year 2 (FALL 2020-FALL 2021)	Year 3 (FALL 2021-FALL 2022)
Data elements, value sets, clinical information models, and FHIR mappings	<ul style="list-style-type: none"> HL7 project approval. MCC use case development. Built CKD and other prioritized value sets in NLM VSAC and mapped to FHIR constructs. Began identification of data elements for CVD, chronic pain, and T2D. Facilitated TEP. 	<ul style="list-style-type: none"> Completed identification of 1,100+ data elements for CVD, chronic pain, and T2D. Facilitated TEP. Developed data standards approaches for person/plan details, health concerns, and social concerns. 	<ul style="list-style-type: none"> Conduct quality assurance and review of existing value sets. Identify long COVID data elements and facilitate TEP. Build additional, new value sets in VSAC. Map new/revised data elements to FHIR.
HL7 FHIR IG	<ul style="list-style-type: none"> Conceptualization and design of the MCC eCare Plan FHIR IG. 	<ul style="list-style-type: none"> Developed draft MCC eCare Plan FHIR IG. 	<ul style="list-style-type: none"> Develop high-level mapping and design approach for the MCC eCare Plan FHIR IG. Restructure the IG to include new guidance and library of value sets. Expand to incorporate value sets for all five clinical domains (CKD, CVD, chronic pain, T2D, and long COVID). Prepare IG for comment ballot in Jan 2023.
Patient/ Caregiver and Provider eCare applications		<ul style="list-style-type: none"> Developed v1 application for patients. Developed v1 application for providers. Facilitated configuration of apps at OHSU site for pilot testing. 	<ul style="list-style-type: none"> Built prototype for patient/caregiver app v2. Develop features and functionality to support goal-oriented shared care planning. Set up sandbox environment on Azure cloud for demonstration and testing. Form an agile team with RTI/OHSU to support development and pilot design. Conduct iterative user feedback sessions.

Three Year Roadmap



Legend

- Contractor Deliverables
- Connectathon
- Federal Partner Meeting
- Data/Value Sets
- Apps dev.
- Contract dates
- Contract Monitoring Board
- MCC IG
- Apps testing

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Technical Expert Panels (TEP)

The MCC eCare Project is informed by various TEPs that provide domain-specific expertise to identify data elements and validate value set approach. TEPs have informed the following domains:

- Chronic Kidney Disease
- Cardiovascular Disease
- Type 2 Diabetes
- Chronic Pain

- **Long COVID/PASC** *
- **Caregiver Considerations**

**Current TEP*



Long COVID/PASC and Caregiver TEP Members

Alecia Clary, Ph.D., MSW
Alex Spyropoulos, MD
Allan Levey, MD, PhD
Aluko Hope, MD
Andrea Lerner, MD, MS
Anuj Dalal, MD
Audie Atienza, PhD
Barrett Bowling, MD
Bill Adams, MD
C. Grace Whiting, JD
Carla Rodriguez-Watson, PhD
Carole White, PhD, RN
Caroline Blaum, MD, MS
Carolyn Clevenger, DNP, RN
Catherine DesRoches, DrPH
Charisse Madlock-Brown, PhD, MLS

Claire Ashton-James, PhD
David Dorr, MD
David Graham, MD
Diana Berrent
Elizabeth Unger, MD, PhD
Emily Taylor
Esther Oh, MD, PhD
Glenna Brewster, PhD, RN
Hector S. Izurieta, MD, MPH, PhD
Henry Parkman, MD
Ian Plumb, MBBS, MS
Ivonne H. Schulman, MD
Jeff Sparks, MD, MMSc
Jennifer Wolff, PhD
Jerry Osheroff, MD
Jerry Suls, PhD

Kailah Davis, PhD
Karen Rose, PhD, MS, RN
Katie Brandt
Kevin Bozic, MD, MBA
Laura Plantinga, PhD, MS
Loretta Christensen, MD, MBA, MSJ
Marcel Salive, MD, MPH
Marlis Gonzalez-Fernandez, MD, PhD
Pradeep Podila, PhD
Rachel Garfield, PhD, MHS
Safana Siddique, MBBS, MPH
Shelly Spiro, RPh, FASCP
Suzanne Pincus
Tim Carney, PhD, MPH, MBA
Vanessa Diaz, MD

Expertise represented across 45 TEP members include:

- COVID-19
- PASC/ Long COVID
- Caregivers
- Patient advocacy
- Clinical decision making
- Chronic conditions
- SMART on FHIR apps
- *and more!*



Why it is important to Standardize Data Elements?

HL7 data standards provide the common language that lets different digital systems work together so everyone can securely access and use the right health information when and where they need it.

HL7 data standards (e.g., CDA, FHIR) marry predefined **structures** with **semantics** to standardize information that goes across the wire.

- **Structures** = FHIR Resources and Profiles or CDA Templates
- **Semantics** = Code Systems/Vocabularies or Value Sets of code system concept codes

As a result, receivers can understand the data that was sent.

“Well, then,” said Milo, not understanding why each one said the same thing in a slightly different way, “wouldn’t it be simpler to use just one? It certainly would make more sense.”



The Phantom Tollbooth
Norton Juster

Care Planning Components for Standards Development

Person & Plan	Health Concerns	Goals	Interventions	Outcomes
Defining information for the care plan itself, the person/ patient, and other members of the care team, including unpaid caregivers.	Health states or social risks that may require attention, intervention, or management and are of interest/ importance to the patient, family, or health care provider.	A defined outcome or condition achieved in the process of patient care as: patient- defined, caregiver-defined, or clinical.	Actions taken toward achieving goals of care, including removal of barriers to success.	Observations on the outcome of care from the interventions used to treat the patient.

Care Coordination

The deliberate organization of patient care activities between two or more participants (including the patient) involved in patient care to facilitate and ensure that the delivery of healthcare services is appropriate, safe, and efficient. Organizing care involves the marshalling of personnel and other resources needed to carry out all required patient care activities, and often is managed by the exchange of information among participants responsible for different aspects of care.



See the [MCC eCare Plan Implementation Guide - Structure and Design Considerations](#) (working draft) for more information on FHIR mappings.



Process for Identifying a New Clinical Domain

The process for identifying and standardizing a new clinical domain is an iterative process which includes the following steps:

- The TEP determines and prioritizes data element concepts.
- The TEP provides clinical definitions.
- The TEP and EMI Standards and Terminology Experts determine if the data concept needs a value set or should be represented with FHIR constructs.
 - If a value set is needed, the EMI Terminologists will work with the TEP to develop text definitions for the clinical focus, scope, and inclusion and exclusion statements. The EMI Terminologists will reuse or build a new value set and the TEP will review.
 - If the data concept can be represented with FHIR constructs, the EMI Standards Experts will map them using the FHIR specification.



Long COVID Data Elements Identification

Long COVID (FACD) Health Concern	Data Element Synonym	Submitted by	Comments from TEP to EMI	Notes and Questions from EMI/Go to TEP
Category: Long COVID Symptom (Indicates that symptom has assessment scale associated with it)				
Brain fog (cognitive impairment)	Cognitive impairment, difficulty concentrating	Emma Jorner/Goa Date	Take of "impacted environmental integration systems" or put in other words	
Abdominal pain	Emma Jorner/Goa Date/Joan Taylor Date/Barbara Date/Emma Jorner/Goa Date	Jenny Sullivan-YES	(Should we include precolonized bacteria, e.g. IBS related abdominal pain?)	
Anorexia	Emma Jorner/Goa Date			
Anxiety	Emma Jorner/Goa Date			
Depression	Emma Jorner/Goa Date/Emma Jorner/Goa Date			
Dysautonomia/orthostatic intolerance	Alivia Hope			
Headache	Emma Jorner/Goa Date			
Chest pain	Emma Jorner/Goa Date			
Cramps	Emma Jorner/Goa Date			
Depression	Emma Jorner/Goa Date	Jenny Sullivan- might be important to distinguish between depression (which is prior to COVID)		
Constipation	Emma Jorner/Goa Date/Emma Jorner/Goa Date			
Typhoid or increased respiratory effort	Emma Jorner/Goa Date			
Fatigue	Emma Jorner/Goa Date			
Physical fatigue	Alivia Hope			
Cognitive fatigue	Emma Jorner/Goa Date			
Fever	Emma Jorner/Goa Date			
"GI Symptoms"	Henry Foxman			
Gastrointestinal reflux				
Nausea/epicostalsis				
Constipation				
Headache	Emma Jorner/Goa Date			
Impaired oral function and mobility	EMM-COVID Functional Skills-COVID Functional Skills-Long COVID Answer for MGS-Trip 10/21/2021	EMM-COVID Functional Skills-COVID Answer for MGS-Trip 10/21/2021	EMM-COVID Functional Skills-COVID Answer for MGS-Trip 10/21/2021	EMM-COVID Functional Skills-COVID Answer for MGS-Trip 10/21/2021



Diagnosis	ICD-10 Code	ICD-9 Code	SNOMED CT Code	SNOMED CT Code	SNOMED CT Code	SNOMED CT Code	SNOMED CT Code	SNOMED CT Code	SNOMED CT Code	SNOMED CT Code
Long COVID (FACD)	M86.9X1	U08	112410001	112410001	112410001	112410001	112410001	112410001	112410001	112410001
Diabetes mellitus	E10-E14	250	72111001	72111001	72111001	72111001	72111001	72111001	72111001	72111001
Chronic kidney disease	N18-N19	585	73210001	73210001	73210001	73210001	73210001	73210001	73210001	73210001
Congestive heart failure	I50	428	428001	428001	428001	428001	428001	428001	428001	428001



Value Set build and FHIR Profile development

Data Element Gathering Spreadsheet

Interactive spreadsheet for TEP to contribute input on long COVID symptoms and interventions.

Long COVID Analysis Spreadsheet

Working spreadsheet for EMI Standards and Terminology Experts to analyze data element/concept inputs from the TEP to inform value set and FHIR profile design.



National Institute of Diabetes and Digestive and Kidney Diseases

Building Long COVID-Associated Value Sets

- Defined data elements and concepts inform the development of value sets.
- **Value sets** are lists of codes with their terms, from standard clinical vocabularies (e.g., SNOMED CT®, RxNorm, LOINC®), that define clinical concepts.
- We use value sets with FHIR structures to **support EHR-querying** and **interoperable exchange** of health information for an eCare plan.
- We use value sets to **display and filter** health information within the eCare plan application.
- Value sets are housed in the **Value Set Authority Center (VSAC)**, a public repository that provides users with tools to search existing value sets, create new value sets, and maintain value set content consistent with current versions of the terminologies they use.

<https://ecqi.healthit.gov/tool/vsac> | <https://vsac.nlm.nih.gov>



Long COVID Diagnosis and Comorbidities Value Set Status - Complete (SNOMED CT, ICD-10-CM, Grouped)

Long COVID Diagnosis

- Long Covid Diagnosis

Long COVID Comorbidities (Newly Built Value Sets)

- Bronchiectasis
- Chronic obstructive pulmonary disease (COPD)
- Interstitial lung disease
- Asthma
- Fibromyalgia
- Herpes zoster reactivation
- Pulmonary embolism
- Pulmonary hypertension
- Lymphadenopathy
- Pink eye

Long COVID Comorbidities (Existing Value Sets)

- Diabetes mellitus
- Chronic kidney disease
- Congestive heart failure
- Tuberculosis
- Obesity
- Posttraumatic stress disorder (PTSD)
- Dementia




Long COVID Symptoms Value Set Status - Complete (SNOMED CT)

- Abdominal Pain
- Anxiety
- Arthralgia
- Back Pain
- Bleeding
- Brain Fog
- Chest Pain
- Chills
- Chronic Pain
- Constipation
- Cough
- Covid Toes
- Depression Symptoms
- Diarrhea
- Difficulty swallowing
- Disability Severity
- Dizziness
- Dyspnea
- Edema
- Fatigue
- Fever
- Functional and Mobility Impairment
- Gastroesophageal reflux
- Grief and Suffering
- Hair Loss
- Headache
- Hypercoagulability
- Immunologic Changes
- Impaired Hearing
- Impaired Sense of Smell
- Impaired Sense of Taste
- Insomnia and Other Sleep Difficulties
- Itching
- Language and Speech Problems
- Lightheadedness
- Loss of Appetite
- Lower Urinary Tract Symptoms
- Menstrual Cycle Irregularities
- Mood Swings
- Myalgia
- Nausea
- Neurogenic Pain
- Orthostatic Intolerance
- Pain
- Pain in Extremities
- Pain in Throat
- Palpitations
- Paresthesia
- Parkinsonia Like Symptoms
- Post-exertional Malaise (PEM)
- Rash
- Respiratory Distress
- Sinonasal Congestion
- Stress
- Tachycardia
- Tinnitus
- Urinary Incontinence
- Visual Changes
- Vomiting
- Weight Changes
- Wheezing



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A Primer on FHIR Implementation Guides



What is a FHIR implementation guide?

A FHIR implementation guide (IG) is a set of rules about *how FHIR resources are used (or should be used) to solve a particular problem*. It contains associated documentation to support and clarify the usage.

Who uses them and for what purpose?

- **Architects and developers of healthcare information technology (HIT) systems** - Guidance for developing implementations.
- **Business analysts** - Assist developers in understanding system implementation requirements.
- **Project managers** - Understanding of how to manage or prioritize implementation.
- **Clinical informaticists** - Interpret clinical implications and provide feedback.
- **Policymakers** - Understand the IG and encourage implementation once deemed valuable for the industry.



MCC eCare Plan FHIR Implementation Guide (IG)

The [HL7® MCC eCare Plan FHIR Implementation Guide \(IG\)](#) defines FHIR R4 profiles, structures, extensions, transactions, and value sets needed to represent, query for, and exchange Care Plan information to support care planning for people with multiple chronic conditions (MCC).

The IG supports the following use cases (*work in progress*):

1. Query for patient data across providers and compile into a consolidated care plan representation.
2. Encourage capture of and communication of a patient's health concerns and related goals, interventions, and outcomes.
3. Gather and aggregate patient data for uses beyond the point of care (e.g., public health, population health, quality measurement, risk adjustment, quality improvement, and research).



Improve care coordination without increasing clinician burden

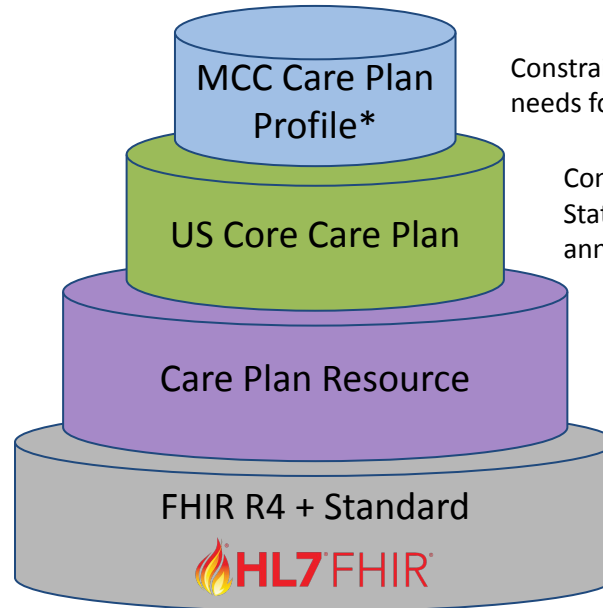


Reusing and Constraining the FHIR Care Plan Resource

The MCC eCare Plan FHIR Implementation Guide is built on the FHIR Care Plan Resource framework.

Each layer in the cake diagram demonstrates how the FHIR Care Plan Resource is reused and constrained for the MCC Care Plan use cases.

**The MCC IG adds additional items or guidance beyond what is available in US Core or FHIR resources but it cannot loosen existing rules from what is constrained.*



Constrains the US Core FHIR Care Plan Resource to meet the needs for multiple chronic conditions (MCC) care planning.

Constrains the Care Plan Resource for use in the United States. US Core incorporates USCDI data elements annually and according to HL7 ballot cycles.

Describes the intention of how one or more practitioners intend to deliver care for a particular patient, group, or community for a period of time.

FHIR is a standard for health care data exchange, published by HL7®.



The Need for a New Implementation Guide Design

- The first draft of the MCC eCare Plan Implementation Guide (IG) developed in Project Year 2 incorporates considerations primarily for CKD.
- During Project Years 1 and 2, **1100+ data elements** were identified for CVD, T2D, and chronic pain, and most are associated with value sets.
- If we continue to use the same design approach from the first draft of IG, it will **add 600+ new profiles** (FHIR artifacts) to the IG when we add the data elements for the additional domains (CVD, T2D, chronic pain, long COVID/PASC).



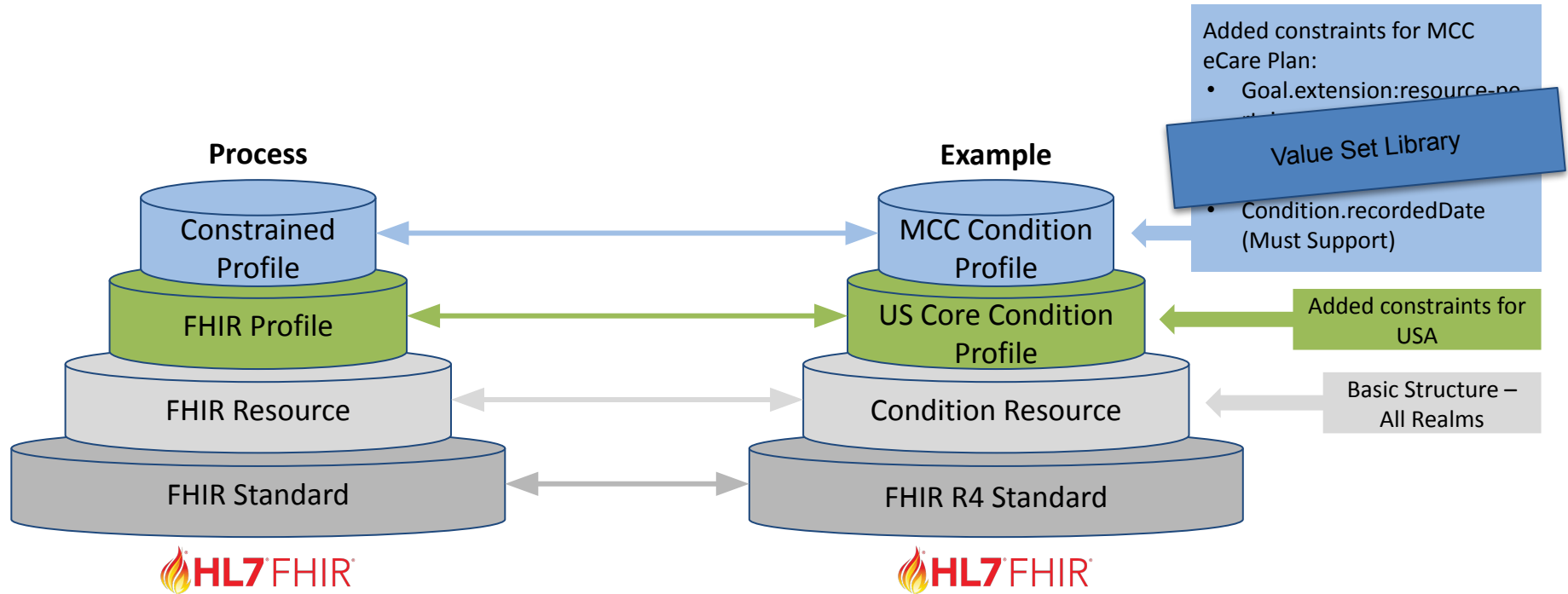
It started out as a simple analysis, but piled up to information overload.

Approach to Update MCC eCare Plan IG

- During Year 3, we are using the following tactics to **redesign the IG and mitigate profile proliferation**:
 - Create MCC “Foundation” profiles and value set “library”.
 - Revisit US Core annually after January ballots and examine corresponding USCDI updates.
 - Provide guidance (but not further specifying) in the MCC FHIR IG, including:
 - [FHIR Plan Definition](#),
 - [FHIR Clinical Guidelines](#), and
 - [Clinical Quality Language](#).



Reusing and Constraining: Value Set Library




What is “The eCare Plan MCC Value Set Library”?



Similar to the Dewey Decimal System of old, the MCC Value Set Library:

- Organizes the value sets based on their subject
- Allows addition or removal of value sets from their subject area
- Within the subject area, more granularly classifies the value set

MCC eCare Plan Implementation Guide

0.1.0 - CI Build 

Structure and Design Considerations	MCC Value Set Library	Artifact Index
	MCC Value Set Library	
ed by HL7 International - Patient Care V s://github.com/HL7/fhir-us-mcc/ and	MCC Condition Value Sets	
	MCC Goal Value Sets	
	MCC Laboratory Result Value Sets	
ementationGuide/h17.fhir.us.mcc	MCC Medication Request Value Sets	
	MCC Procedure and Service Request Value Sets	
	MCC Radiology Value Sets	
	MCC Symptom Value Sets	

as, extensions, transactions and value sets needed to represent, query for,



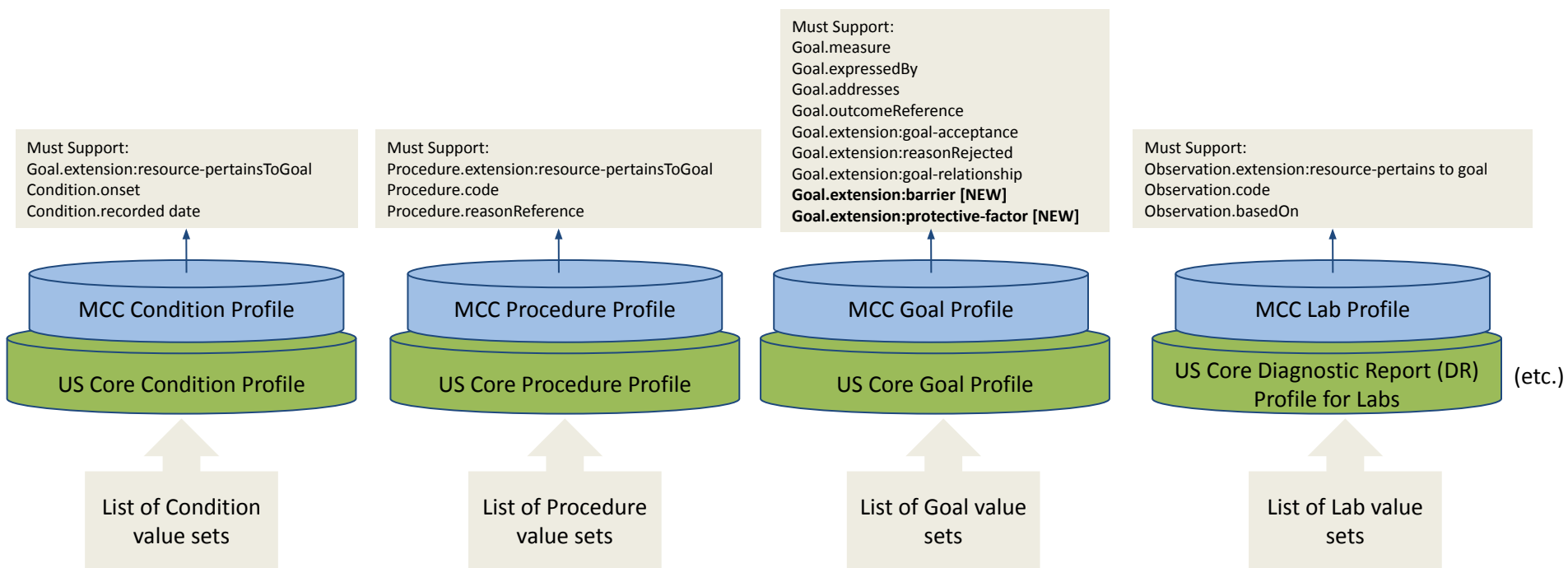
The eCare MCC Value Set Library - Condition *Example*

FHIR Profile Element	Value Set Name and Link	Value Set Clinical Focus
Condition.code	Chronic Kidney Disease All Stages (1 through 5)	This set of values contains diagnosis terms representing All Stages (1 or 2 or 3 or 4 or 5) of chronic kidney disease.
Condition.code	Long Covid Diagnosis	This set of values contains diagnosis terms representing Post Acute Sequelae of Sars-Cov-2 infection (PASC) (Long Covid) disease.
Condition.code	Bronchiectasis Diagnosis	This set of values contains diagnosis terms representing Bronchiectasis disease.
Condition.code	Small Fiber Neuropathy Diagnosis	This set of values contains diagnosis terms representing Small Fiber Neuropathy.

The eCare MCC Value Set Library - Symptom *Example*

FHIR Profile Element	Value Set Name and Link	Value Set Clinical Focus
Observation.value	Brain Fog	This set of values reflect patients feeling of being sluggish, fuzzy, and not sharp.
Observation.value	Impaired Sense of Smell	This set of values reflect patients with impaired sense of smell including anosmia, hyposmia, and dysosmia.
Observation.value	Insomnia and Other Sleep Difficulties	This set of values reflect patients with insomnia and other symptoms of sleep difficulties.
Observation.value	Mood Swings	This set of values reflect patients with rapidly and intensely fluctuating emotions.

Foundation MCC eCare Plan Profiles



The IG will contain a page with lists of VSAC-housed value sets organized by profile type.

MCC eCare Plan FHIR IG: Draft and Milestones

- In progress draft IG: <https://build.fhir.org/ig/HL7/fhir-us-mcc/>
- Target milestones:
 - For comment ballot in January 2023.
 - STU ballot in September 2023.
 - STU publication in September 2024.



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Connectathon 30 – Care Planning Track

- 58 track participants
- 18 participants attended both days

- Clients/Servers:
 - Servers: FHIR sandboxes on MELD and Logica.
 - Clients: Patient/Caregiver and Provider MCC SMART-on-FHIR Apps

PROJECTS



GOVERNMENT



HEALTH CARE COMPANIES



HEALTH IT STANDARDS & SOLUTIONS



VENDORS



ASSOCIATIONS



ACADEMIA



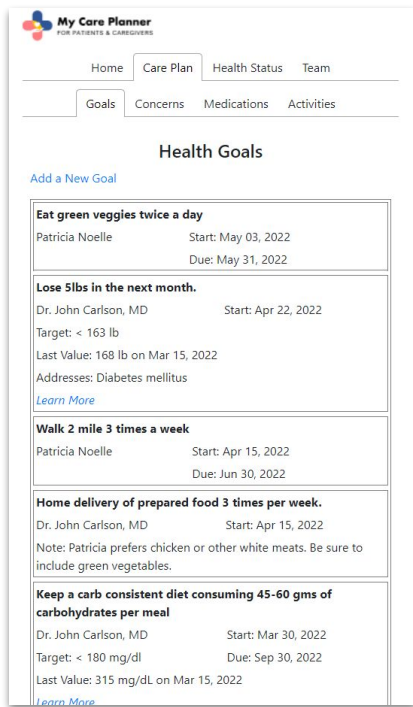
Track Description

- Hosted by the Multiple Chronic Conditions (MCC) eCare Plan [project](#).
- Continue testing of the **MCC** eCare plan FHIR IG, SMART on FHIR Apps (clinician- and patient/caregiver-facing) and value sets defined for MCC clinical domains.
- Supports the development and exchange of FHIR-based care plans and applying evidence-based clinical practice guidelines at the point of care to create and share person-centered care plans and to manage their ongoing care.
- For more information please visit: [2020-05 Care Coordination Track](#)

Track Goals

- **Demonstrate** the purpose of using goals in care planning, where goals may be created by any member of the care team, including patients and caregivers.
- **Explore:**
 - How care goals in practice can be **clinically useful and interoperable**.
 - **Relationships** between a goal and the following:
 - Conditions and/or assessment observations that goals address
 - Outcome observations that document goal progress
 - Other goals
 - Associated interventions
 - Associated “notes” about goals
 - The **clinical workflow feasibility** for creating FHIR Goal.description using coded terminology vs. free text.
 - **Clinical workflow and challenges** with creating measurable goals that reference specific codes, e.g., lab or vital sign LOINC code.
- **Evaluate:**
 - The use of **FHIR Goal** to capture and track SMART goals, i.e., Specific, Measurable, Achievable, Relevant, and Time-Bound.
 - **Recommended updates** to existing **US Core Goal Search Parameters**.

Notable Achievements



My Care Planner
FOR PATIENTS & CAREGIVERS

Home Care Plan Health Status Team

Goals Concerns Medications Activities

Health Goals

[Add a New Goal](#)

Eat green veggies twice a day Patricia Noelle Start: May 03, 2022 Due: May 31, 2022
Lose 5lbs in the next month. Dr. John Carlson, MD Start: Apr 22, 2022 Target: < 163 lb Last Value: 168 lb on Mar 15, 2022 Addresses: Diabetes mellitus Learn More
Walk 2 mile 3 times a week Patricia Noelle Start: Apr 15, 2022 Due: Jun 30, 2022
Home delivery of prepared food 3 times per week. Dr. John Carlson, MD Start: Apr 15, 2022 Note: Patricia prefers chicken or other white meats. Be sure to include green vegetables.
Keep a carb consistent diet consuming 45-60 gms of carbohydrates per meal Dr. John Carlson, MD Start: Mar 30, 2022 Target: < 180 mg/dl Due: Sep 30, 2022 Last Value: 315 mg/dL on Mar 15, 2022 Learn More



My Care Planner
FOR PATIENTS & CAREGIVERS

Home Care Plan Health Status Team

Goals Concerns Medications Activities

Current Health Issues

[Add a Health Concern](#)

My back pain prevents me from walking. Author: Patricia Noelle Recorded: May 03, 2022 When it started: Apr 01, 2022
I have a dull pain in the back of my head. Kind of like a headache but not as severe. Author: Patricia Noelle Recorded: Apr 26, 2022 When it started: Apr 21, 2022
Lack of understanding or coping strategies for food options in social situations Author: Dr. John Carlson, MD When it started: Mar 30, 2022 Learn More
Chronic kidney disease Author: Dr. Vince Jones, MD Recorded: Mar 02, 2020 When it started: Jan 01, 2019
Anxiety disorder Author: Dr. John Carlson, MD When it started: Nov 07, 2019 Learn More

- Demonstrated execution of CQL logic embedded in the Patient/Caregiver eCare SMART on FHIR app to classify and summarize patient data, and also used to create a URL to query and display Medline Plus Connect information for patients/caregivers looking to learn more about conditions, lab results and medications.

Notable Achievements

- Performed demonstration to show patient or caregiver-authored goals shared in an interoperable way with the Provider eCare SMART on FHIR app.

Careplan v1.2.6 – BETA – Data may be incomplete!				Patricia Noelle, DOB: 11/07/1957				
Name: Patricia Noelle		Age: 64	Sex: Female	Race: Black or African American				
Title:		Status:	Period:	Ethnicity: Not Hispanic or Latino				
			Focus:	Patient Id: ID-100				
Health and Social Concerns	Goals and Preferences	Health Maintenance & Interventions	Health Status Evaluation & Outcomes	Care Team				
Goals								
Priority	Status	Goal	Created	Target Date	Achievement Status	Accepted By	Expressed by	Type
	Active	Exercise at least 30 minutes per day	06/30/2021		In Progress		Dr. John Carlson, MD	Practitioner
	Active	I would like to be more mobile without pain. When pain is severe, I experience extreme weakness in my legs. I require assistance to walk during these episodes of pain. Lying in bed is the only time when I am pain-free. My PT doesn't think therapy is helping me.		11/30/2021	In Progress		Patricia Noelle	Patient
	Active	Home delivery of prepared food 3 times per week.	04/15/2022		In Progress		Dr. John Carlson, MD	Practitioner
	Active	Sit comfortably without pain for at least 30 minutes.	12/15/2021		In Progress		Dr. John Carlson, MD	Practitioner
	Active	Walk 2 mile 3 times a week	04/15/2022	06/30/2022	In Progress		Patricia Noelle	Patient
	Active	Eat green veggies twice a day	05/03/2022	05/31/2022	In Progress		Patricia Noelle	Patient
	Active	Lose 5lbs in the next month.	04/22/2022		In Progress		Dr. John Carlson, MD	Practitioner
!	Active	Stabilize Hemoglobin A1c	03/30/2022	09/30/2022	In Progress		Dr. John Carlson, MD	Practitioner
!	Active	Phosphorus in blood	02/20/2021		In Progress		Dr. Vince Jones, MD	Practitioner
!	Active	My PT doesn't think therapy is helping me. I want to walk in my neighborhood for my therapy			Worsening		Patricia Noelle	Patient
!	Active	Control blood sugars within 1-2 hours after eating to < 180 mg/dl	03/30/2022	09/30/2022	In Progress		Dr. John Carlson, MD	Practitioner
!	Active	Keep a carb consistent diet consuming 45-60 gms of carbohydrates per meal	03/30/2022	09/30/2022	In Progress		Dr. John Carlson, MD	Practitioner

Discovered Issues / Questions

Goal Resource

- Can CQL logic be used to evaluate progress on Goal.target measure?
- Goal should have an “end date” at the root level (as well as the goal.target due date.)

Relationships between goals

- Should the Goal point to the Procedure or should the Procedure point to the Goal? A similar question was discussed for relationships between Goal and other resource types.
- How do we capture progress against Goals? Is Goal note sufficient? Discussed example in nutrition and the use of ClinicalImpression to capture progress.
 - Nutrition example: NutritionIntake is used for food dairies, diet-related data from myFitnessPal, data to assist malnourished patients. However, NutritionIntake is a new resource in R5 and not available for use in our R4 test environments.

Care planning interoperability

- Can CDA documents contain sufficient discrete data to support transformation and use by FHIR applications providing care management/case management solutions?
- Responsibility for resolving references in FHIR Bundles when exchanging data between organizations. Who could/should/would resolve bundle content to limit duplications?



Moving Forward

To discuss at Patient Care Work Group

- Add Goal.endDate as well as keeping target.due element on Goal.
- Use of ClinicalImpression resource as one of the referenced resources for the Goal.addresses element to capture progress on a Goal.
- Applications for the FHIR principle around “the thing that comes second references the thing that came first” for Goal relationships (i.e., Goal references Procedure or Procedure references Goal)

To discuss with Learning Health Systems Work Group

- Provide ability to capture the status of the care team member roles (e.g., Is the cardiologist active? Is meals-on-wheels inactive (not providing services)?, etc.).

Topics with ongoing discussion

- Identify how to exchange comprehensive care plans for MCC across organizations when part of the care responsibility and clinical records are shared. Specifically, determine how to reconcile and minimize duplication of patient data.
- Integration of more decision-support logic into care planning and care management.
- Look ahead for R5 changes that will be beneficial when available (i.e., NutritionIntake)

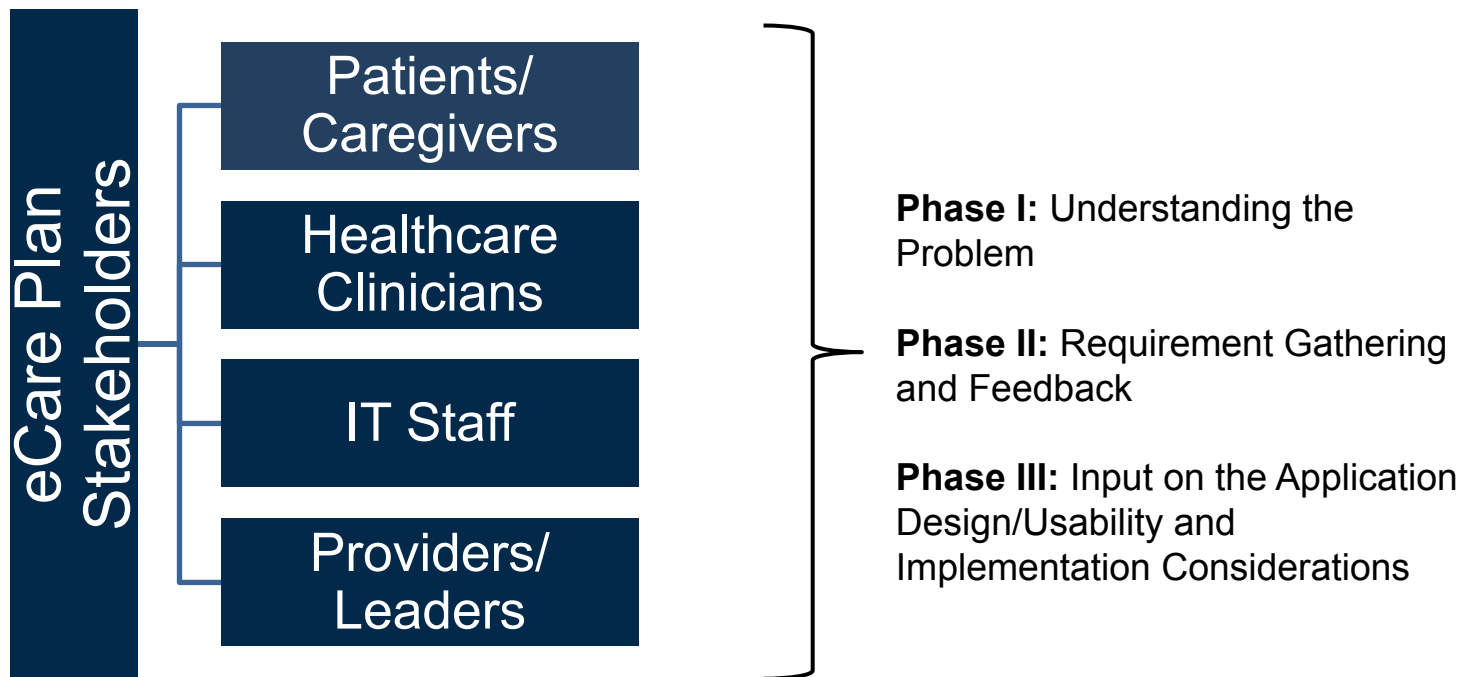


Table of Contents

- Project Background and High-Level Update
- Data Elements, Value Sets, Clinical Information Models, and FHIR Mappings
- HL7[®] Fast Healthcare Interoperability Resource (FHIR[®]) Implementation Guide (IG)
- HL7[®] Connectathon 30: Care Planning Track
- **V1.0 Pilot Testing**



Pre-Pilot Stakeholder Working Groups



Stakeholder discussions were augmented with application wireframes and Patricia Noelle persona and scenarios



Persona: Patricia Noelle



- **Meet Patricia Noelle**
- **65 years old**
- **Clinical Health Concern: CKD, Diabetes, CHF, Chronic Low Back Pain, Depression**
- **Social risks: food insecurity, transportation**
- **1 child (Rose who is her care giver)**
- **Springfield, IL**

About Patricia

- Patricia is a retired schoolteacher.
- Her husband passed away a few years ago, and she currently lives with her daughter, Rose.
- Patricia feels nervous and overwhelmed managing her MCCs. This also impacts her depression.
- Patricia relies on Rose to drive her to the doctor and thereby can only schedule appointments when Rose is not working.

Patricia's Typical Routine & Interactions

- Patricia spends her days: watching TV, walking around the house, sometimes having a meal with friends.
- She finds certain activities like reading more difficult now due to decreased vision.
- Currently she follows a carbohydrate controlled, heart healthy diet.

Wireframes: Provider App

Patient Name:	Betsy Johnson	Patient ID:	XXXXXXX000
Document Title:	Test Document	Document ID:	XXXXXXX000
Date of Birth:	03/29/1942	Date Last Revised:	02/13/2017

Patient Name:	Betsy Johnson	Patient ID:	XXXXXXX000
Document Title:	Test Document	Document ID:	XXXXXXX000
Date of Birth:	03/29/1942	Date Last Revised:	02/13/2017

[See More Information](#)

[See More Information](#)

Health & Social Concerns	Goals	Health Maintenance & Interventions	Health Status Eval & Outcomes
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Health & Social Concerns	Goals	Health Maintenance & Interventions	Health Status Eval & Outcomes
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Sort by: Clinical Tests Weight

Diagnoses		
Condition		Date of Initial Diagnosis
<input type="checkbox"/> Chronic Kidney Disease		04/26/2015
<input type="checkbox"/> Diabetes		12/13/2014
<input type="checkbox"/> Hypertension		07/22/2013
<input type="checkbox"/> Depression		01/15/2009
<input type="checkbox"/> Congestive Heart Failure		05/21/2007
<input type="checkbox"/> Peripheral Neuropathy		04/09/2005
<input type="checkbox"/> Retinopathy		11/11/2003
<input type="checkbox"/> Obesity		Initial Diagnosis 01/22/1997 Subsequent Diagnosis 10/22/2014
<input type="checkbox"/> Hyperlipidemia		05/16/1993
<input type="checkbox"/> Hypothyroid		04/06/1992

Mark as Inactive

Inactive Diagnoses	
Condition	Date Marked Inactive
<input type="checkbox"/> Chronic Kidney Disease	04/26/2015
<input type="checkbox"/> Diabetes	12/13/2014
<input type="checkbox"/> Hypertension	07/22/2013
<input type="checkbox"/> Depression	01/15/2009
<input type="checkbox"/> Congestive Heart Failure	05/21/2007

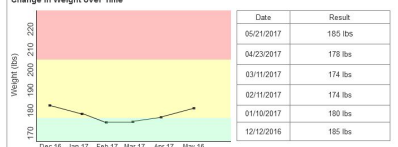
Mark as Active

Social Concerns	
Food Security	Relies on Daughter
Transportation Access	
Housing Stability	
Primary Language	English
Health Insurance Status/Type	Medicare
History of Abuse	
Smoking Status	Non-smoker
Health Literacy	
Computer/Phone Access	
Alcohol Abuse	
Substance Abuse	
Caregiver Characteristics	
Characteristics of Home Environment	
Employment Status	Retired
Education Level	College Graduate
Environmental Conditions	

Clinical Test Results

Weight 185 02/13/2017

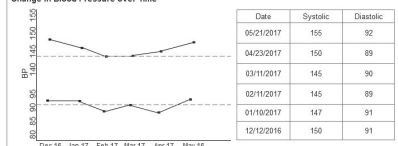
Change in Weight over Time



Systolic Blood Pressure 155 02/05/2017

Diastolic Blood Pressure 92 02/05/2017

Change in Blood Pressure over Time



Dialysis Access Status (Usable/Not Usable) XXXXXXXX (Date of Most Recent Exam) XXXXXXXX (Date of Vascular Surgery)

Depression PHQ-2: XXX PHQ-9: XXX XXXXXXXX XXXXXXXX

Cognitive Health XXX XXXXXXXX

Fatigue XXX XXXXXXXX

Pain XXX XXXXXXXX

Functional Status XXX XXXXXXXX

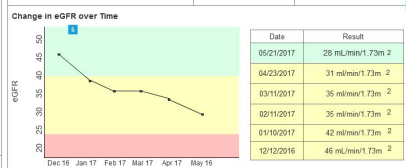
Quality of Life XXX XXXXXXXX

Activities of Daily Living XXX XXXXXXXX

Laboratory Test Results

eGFR Test Result Date 28 mL/min/1.73m² 05/21/2017

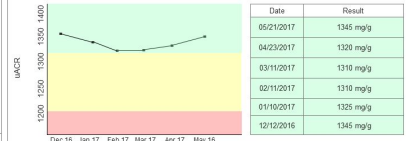
Change in eGFR over Time



Serum Creatinine 1.9 mg/dL 02/05/2017

Urine Albumin-to-Creatinine Ratio (UACR) 1345 mg/g 02/05/2017

Change in UACR over Time



Hemoglobin 12 02/05/2017

A1C 11.2 02/05/2017

Serum Potassium 4.8 02/05/2017

Corrected Calcium 10.1 02/05/2017

Serum Phosphorus 4.3 02/05/2017

Serum Albumin 3.9 02/05/2017

Transferrin Saturation 22 02/05/2017

Ferritin 103 02/05/2017

Blood Urea Nitrogen XXX 02/05/2017

LDL 120 02/05/2017

HDL 33 02/05/2017

Triglycerides 331 02/05/2017

Total Cholesterol 242 02/05/2017

Vitamin D 18 02/05/2017

KTV XXX 02/05/2017

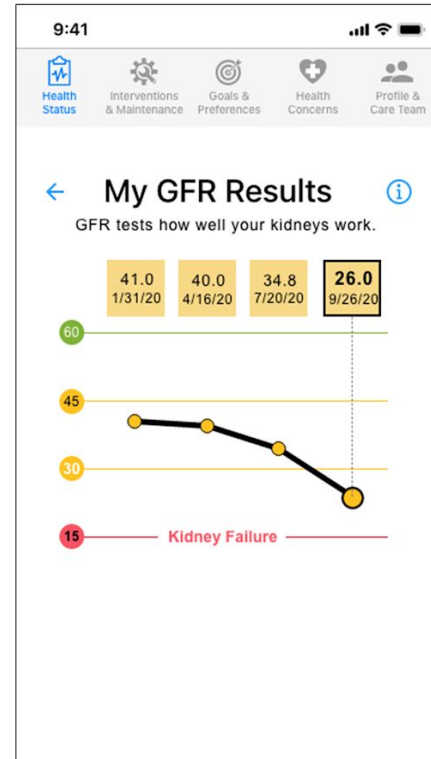
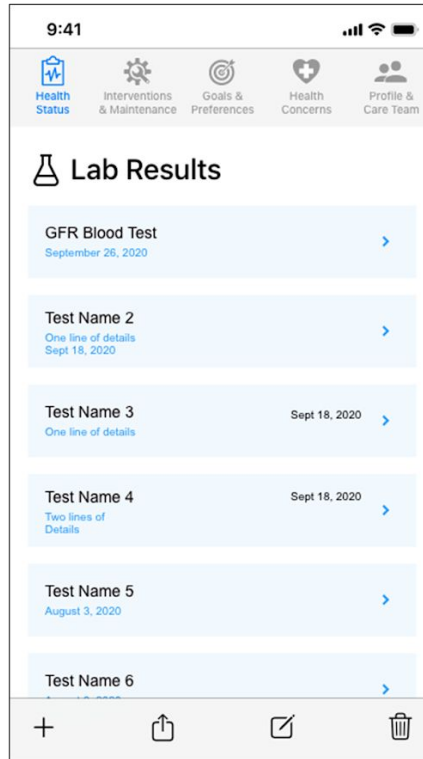
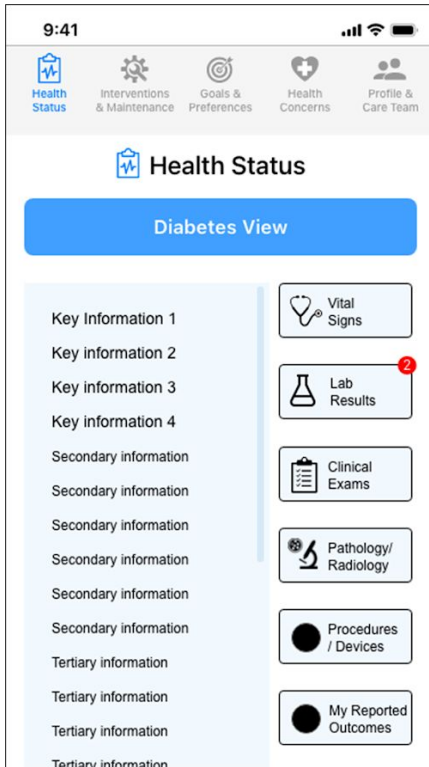
Intact Parathyroid Hormone 80 02/05/2017

Serum Bicarbonate 23 02/05/2017

Sodium XXX 02/05/2017

Chloride XXX 02/05/2017

Wireframes: Patient App



Pilot: eCare Plan Usability Testing

What is Usability Testing?

Evaluating a product or service by testing it with representative users.

Phase 1- Provider Testing

- Providers will be asked by a facilitator to review patient information in the eCare Plan Provider App while interacting with the facilitator as the patient.
- If time allows, providers will also be asked to preview the eCare Plan Patient App.

Core Elements of Usability Testing



Facilitator

Guides the participant through the test process



Tasks

Realistic activities that the participant might actually perform in real life



Participant

Realistic user of the product or service being studied

NNGROUP.COM NN/g

Phase 2- Provider/Patient Testing

- Providers will be asked to select patients and their caregivers to use the eCare Plan Patient App while they use the eCare Plan Provider App to interact with the patient.



eCare Plan App Usability Testing

Phase I

Login to the
Provider-facing App
in test

Navigating through
the **Provider-facing**
App

Brief **Patient-facing**
App review*

Usability Questions

*Usability testing with providers included a preview of the patient-facing app using the Patricia Noelle persona

Phase II

Brief review of goals
of testing

Login to the
Patient-facing App

Navigating through
the **Patient-facing**
App

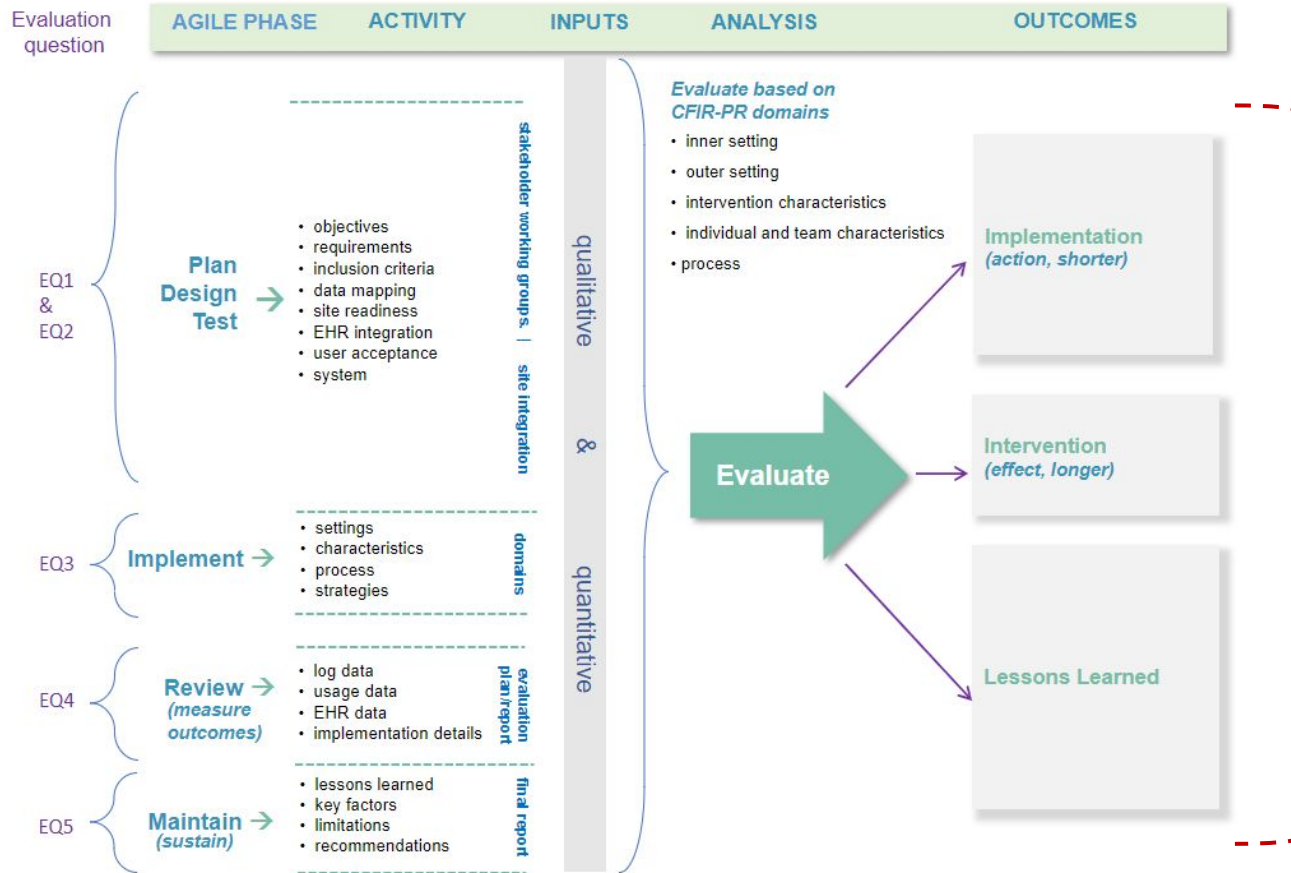
Usability Questions

Pilot Evaluation Questions

1. What are the key issues for **designing** (using a UCD approach with a patient-centered focus) interoperable and publicly shareable MCC care coordination tools for patients and clinicians, and how did the project address those issues?
2. What are the key issues for **developing** interoperable and publicly shareable MCC care coordination tools for patients and clinicians, and how did the project address those issues?
3. What are the key issues for **implementing** interoperable and publicly shareable MCC care coordination tools for patients and clinicians, and how did the project address those issues?
4. What **effects (or outcomes)** do MCC care coordination tools have on management of multiple chronic conditions across settings?
5. What **lessons learned** arise from the project's experiences with developing and implementing interoperable and publicly shareable MCC care coordination tools for patients and clinicians?



eCare Plan Framework





**National Institute of
Diabetes and Digestive
and Kidney Diseases**



National Institute of
Diabetes and Digestive
and Kidney Diseases

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